

## EVENT GUIDE

### IMPORTANT NUMBERS

Event Director	James Bak	012 2221200
Chief Marshal	Christina Chen	012 2221600
Logistic Marshal	Katie Tan	012 2293600
Route Marshal	Ivan Chan	012 3792979
Route Marshal	William Mok	017 2762121



### GOODIE BAG COLLECTION

Date: Wednesday 30 August 2017 Time: 3.30pm – 6.30pm  
Venue: Merdeka Palace, Kuching (Call Christina for arrangement)

### RIDE REGISTRATION

- Time: 15 minutes before daily start time
- Only riders for the day are required to check-in the ride
  - Drop your ID Card with the Event Marshals at the starting point.
  - Collect back the ID Card after your ride
  - Make sure you have your MOBILE NUMBER on your ID Card

### BAGGAGE TRUCK

- For Day 2 & Day 3 only (Merdeka Palace to Damai and return)
- Load on your own, Closes 30 mins before Start Time
- Loading Time Day 2 : 6.30am - 7.00am, Day 3 : 6.00am - 6.30am
- Baggage Unloading has to be done on your own before 3.00pm daily.
- Baggage Tag compulsory for every baggage. (Name, Ride No and Mobile No.)
- Strictly No Hard Bicycle Case or Semi Hard Case. Bring daily essentials only. This is voluntary service, organizer shall not be responsible for loss or damage.

### EVENT HOTELS / START TIME

Day 1 Merdeka Palace 7.30am (1.5560° N, 110.3441° E) T: +60 82-258 000  
Day 2 Damai Beach 7.30am (1.7482° N, 110.3124° E) T: +60 82-846 999  
Day 3 Merdeka Palace 6.30am (1.5560° N, 110.3441° E) T: +60 82-258 000

### Room Keys

- All room are pre-allocated strictly base on groups.
- Only Team Leader Or Assistant are allowed to collect room keys
- They must collect room keys for all the rooms for the group
- It is Leaders responsibility to desinate rooms to their groups
- No one is allowed approach the hotel reception to collect keys individually.

### Check-In Time

Please note that check-in time is 3.00pm daily. Should the rooms be available earlier, we will arrange accordingly. The marshal reserves the right or decision for key allocation and room availability.

### ID Card

Please present your ID Card to access to dining area, bicycle storage area.

### Accommodation Type

Room types differ depending on the hotel. Please note that you may be sharing room with other participants. So please be courteous.

### Telephones/Room Amenities

All usage at your own cost. Please pay at hotel reception.

### DAILY MEALS

Breakfast 6.00am day 1 and 2. Day 3 breakfast 5.30am. Dinner 7.00pm daily. Venue to be advised. Daily lunch is on your own.

### GPX & KML FILES

We are providing GPX & KML file for complete route. Its available on website. To use KML on smartphones, please download Map.Me or Google Maps for off-line map.



### FEEDING DURING RIDE

It is the responsibility of the rider to be self sufficient on food and water. Please note the proposed watering holes along the route, as there may be limited watering holes. Please note that watering holes (water refill) may be scarce on the routes during ride.

### PRIVATE SUPPORT VEHICLES

Private support vehicles shall depart daily half an hour after the ride has started. This is to avoid congestion during the lead out for the cyclist. For safety reasons, no support vehicles are allowed to tail or draft riders. They must overtake riders safely and proceed ahead to the next town/kampung and wait. If they wish to stop along the route, they may do so only at places where they can get off the road ENTIRELY and not be in the way of the riders. Never park along the road itself. Remember we are travelling on mostly narrow country roads. All support vehicles are requested to stop and render assistance to ANY riders in distress. All support car drivers are advised to read the Route Guide in advance of each day's journey and carry it with them for reference.

### RIDE MANAGEMENT

- All participants will be given a Route Guide each listing out the key landmarks/junctions along each day's route, the corresponding cumulative mileage points and the directions to follow. Supplementing this will be signages planted at all critical junctions to further guide participants. With these, the onus is on the rider to find his/her way to each day's destination. There will be no sweeping vehicles following.
- The rides each day will start SHARP at designated time in front of each hotel. All riders are required to drop their ID Tag at the Logistic Marshal at least 15 minutes before the ride commences.
- The Chief Marshal vehicle shall lead out the ride for about 10km. You are not permitted to overtake Chief Marshal vehicle at this led out point. Thereafter you shall rely on the Route Guide and road signage planted by the Chief Marshal to find your way to the destination. Riders are advised to pace themselves on all days.
- Upon arrival at each day's destination, riders are required to pick up your ID Card from the Logistic Marshal so that we can account for all riders.

### RIDERS SAFETY & RESPONSIBILITY

This is not a race. Safety comes first in the whole event. It is the responsibility of all participants both riders and support car drivers to make sure safety implemented is top priority. Tail-lights are compulsory and front lights are highly recommended.

### BIKE HELMET

It is compulsory to have your helmet on at all times when you are on your bike. You will not be allowed to ride if you forget your helmet. Strictly no helmet, no ride!

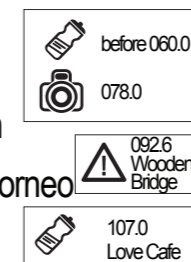
### SAFETY PRECAUTIONS FOR CYCLIST

- DO • Wear a helmet for safety. it's compulsory.
- Use front and taillights while riding.
  - Ride at your pace.
  - Ride single-file or in small groups.
  - Use hand signals on turnings and warning.
  - Keep left and do not obstruct traffic.
  - Observe all traffic rules & traffic lights.
  - Carry cash for food and emergency.
  - Do make safety your priority.
- DON'T • Don't sudden braking when in peloton.
- Don't draft too closely.
  - Don't draft vehicle.

## ROUTE GUIDE

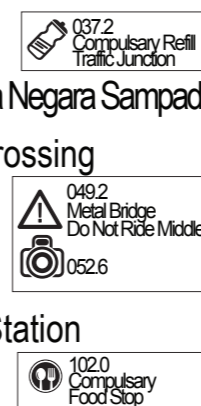
### Day 1 (Merdeka - Borneo Highland Merdeka)

No	KM	Tulips	Remarks
01	000.0	0000	Merdeka Palace
02	000.3	←	Police Station
03	001.4	→	Temple
04	002.1	↖	
05	002.2	←	
06	004.6	↻	Roundabout
07	005.0	♀	Tabuan Jaya
08	026.6	↖	Serian
09	060.3	♀	Tebedu
10	086.8	→	Padawan
11	102.1	←	Puncak Borneo
12	129.7	←	Kuching
13	144.5	↖	Kuching
14	154.7	↗	Flyover
15	158.7	↖	Ambank
16	160.0		Merdeka Palace



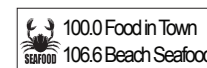
### Day 3 (Damai Beach - Merdeka)

No	KM	Tulips	Remarks
01	000.0	0000	Damai Beach
02	014.0	↖	
03	020.4	♀	
04	044.7	←	Kem Bina Negara Sampadi
05	055.1		Ferry Crossing
06	091.5	→	Lundu
07	099.1	→	Lundu
08	101.8	↖	Police Station
09	102.0	♀	
10	105.0	↗	Bau/Kuching
11	153.1	←	Kuching
12	179.2	↻	Underpass/R.bout (Same)
13	184.0		Merdeka Palace



### Day 2 (Merdeka - Damai Beach)

No	KM	Tulips	Remarks
01	00.0	0000	Merdeka Palace
02	00.3	↗	
03	04.1	↗	Take flyover
04	06.7	↖	
05	07.0	↖	Serian
06	09.7	↖	
07	10.5	↖	Bau
08	20.6	←	Buddhist Village
09	24.0	↖	Roadwork@OpenArea
10	28.6	→	
11	36.5	←	
12	39.0	→	
13	39.5	←	
14	40.1	→	
15	45.5	→	Kuching
16	49.6	←	Apar/Segong
17	60.6	←	
18	65.8	→	
19	69.9	↖	
20	73.3	↖	Bandaraya Kuching
21	80.2	♀	
22	82.1	♀	
23	88.1	♀	Stadium Sarawak
24	93.6	♀	Santubong
25	100.4	→	Santubong
26	110.4	↖	Damai Beach Resort
27	114.2	♀	Damai Beach Resort
28	114.8		Damai Beach Resort



### Legend

- ⊙ Critical Junction
- ⚠ Caution
- 📷 Photo Opportunity
- 🚰 Compulsory Refill
- 🍴 Food Area
- 🦀 Seafood